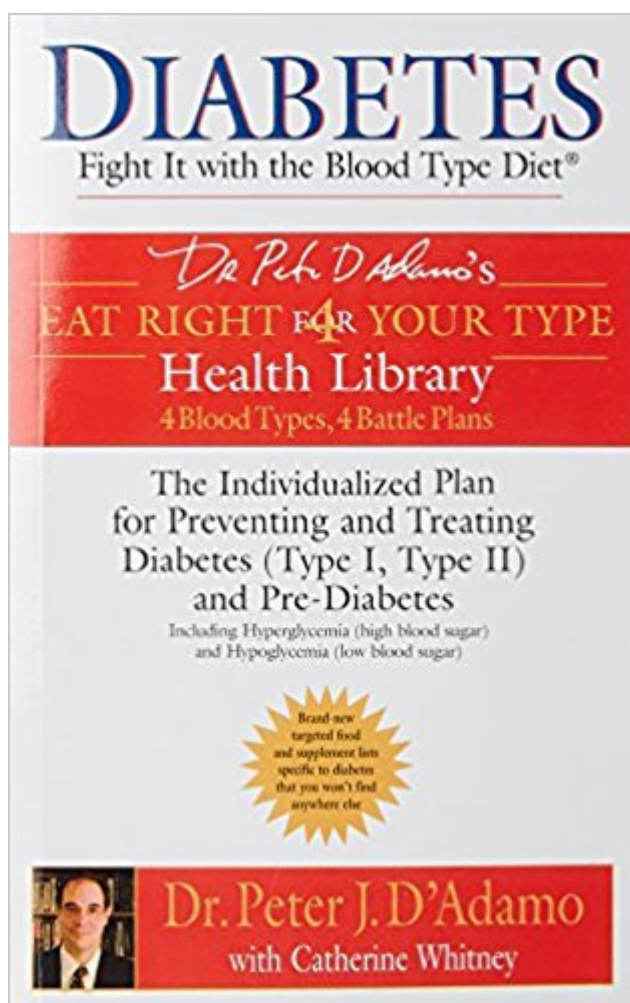


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# Diabetes: Fight It With The Blood Type Diet: The Individualized Plan For Preventing And Treating Diabetes (Type I, Type II) And Pre-Diabetes (Dr. ... Eat Right 4 Your Type Health Library)





## Synopsis

Featuring brand-new targeted food and supplement lists specific to diabetes that readers won't find anywhere else. — The Individualized Plan for Preventing and Treating Diabetes (Type I, Type II) and Pre-Diabetes-including Hyperglycemia (high blood sugar) and Hypoglycemia (low blood sugar) — America's fastest-growing health problem just got dealt a major blow. Dr. Peter J. D'Adamo, the creator of the Blood Type Diet(r), which has forever changed the way people approach health and weight loss, now brings readers a targeted plan for fighting diabetes. This volume of Dr. D'Adamo's Health Library has specific tools not available in any other book, for preventing, treating, and reversing some of the many complications of diabetes. —

## Book Information

Series: Dr. Peter J. D'Adamo's Eat Right 4 Your Type Health Library

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## Customer Reviews

Dr. Peter J. D'Adamo is an internationally-acclaimed naturopathic physician, researcher, and lecturer, as well as the author of the — New York Times — best-selling — Eat Right 4 Your Type — book series. His extensive research and clinical testing of the connections between blood type, health, and disease has garnered world-wide recognition and led to groundbreaking work on many illnesses. The world-famous immunologist, Dr. Gerhard Uhlenbruck of the University of Cologne, Germany, has called Dr. D'Adamo — “one of the most creative scientists in the Western world.” — Catherine Whitney is the coauthor of numerous bestselling books on health and wellness.

OK

I love all books written by Dr. D! This one is very useful if you have diabetes or other blood sugar issues.

Excellent seller and product, thanks

This book gave a lot more information on how to manage my diabetes along side the blood type diet. I am starting to feel better and most important my blood sugars are beginning to normalize.

This book has helped me to adjust my eating habits for healthier eating habits

excellent info for those confused about how to deal with diabetes. So much conflicting info out there. This book was very useful and informative.

The book was somewhat helpful. I would very much like an updated genotype version from D'Adamo.

I'm down 20 points and not stopping. Holiday season is here. I won't feel bad to eat my pecan pie now.

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